

Please submit the completed Health History Form by mailing / faxing to:

**Whether you are seen at the Warrenville, IL Clinic or any of our Outreach Clinics, please contact us at:**

Pfeiffer Medical Center  
3S721 West Street, Ste. 300A  
Warrenville, IL 60555  
Phone: 630-505-0300  
Fax: 630-836-0667

**Electronic Communication:** If you would like to use email communication, please provide your email address. Please note that we cannot send private medical information by email due to privacy concerns. If the patient is a minor, please list the email address of the parent/legal guardian.

**Email Address:** \_\_\_\_\_ @ \_\_\_\_\_  Patient  Parent/Guardian

I would like email communication for:

- Appointment Reminders
- General announcements of new services, programs, upcoming events, research and Marketing.

**PLEASE NOTE: WE ARE NOT A “COVERED ENTITY” UNDER MEDICARE GUIDELINES, AND CANNOT BILL MEDICARE FOR OUR SERVICES.**

**PLEASE ALSO NOTE: WE CANNOT ACCEPT PATIENTS WHO ARE PREGNANT.**

**How did you hear about Pfeiffer Treatment Center?**

- CNBC                       Reuters                       FaceBook                      Are you a Former Patient?  Yes  No
- Family Member    Friend                       Brochure                      If yes, Date last seen: \_\_\_\_\_
- Internet - *if so*:
  - Google Search               Google Advertisement
  - Pfeiffer Treatment Center website (www.hriptc.org)
  - Yahoo advertisement    Other website: \_\_\_\_\_
- Print or Broadcast Media (*please provide details*):
  - Autism File     Chicago Parent     Chicago Special Parent     Other: \_\_\_\_\_
- Presentation/Informational Seminar (*Location/Date*): \_\_\_\_\_
- Conference (*Location/Date*): \_\_\_\_\_
- Other: \_\_\_\_\_
- Professional Referral (*please provide specific information on the next page*)

**PATIENT INFORMATION**

**\* Required Information**

\*NAME: \_\_\_\_\_  
Last First M.I.

\*ADDRESS: \_\_\_\_\_  
Number Street Apt.  
\_\_\_\_\_  
City State Zip Code

*Complete the parent information only if the patient is a minor .*

Mother's Name: \_\_\_\_\_  
Father's Name: \_\_\_\_\_ or  
Legal Guardian's Name: \_\_\_\_\_

\*DATE OF BIRTH (DOB): \_\_\_\_/\_\_\_\_/\_\_\_\_

GENDER:  Male  Female

AGE: \_\_\_\_\_ WEIGHT: \_\_\_\_\_ lbs.

\*PHONE: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

**Does the Patient have:**

\*Federal Medicare  Yes  No  
Federal Tricare Insurance  Yes  No  
State Medicaid  Yes  No

**EMERGENCY CONTACTS**

1. NAME: \_\_\_\_\_  
PHONE: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

2. NAME: \_\_\_\_\_  
PHONE: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Parent  Legal Guardian  Spouse

Other: \_\_\_\_\_

Parent  Legal Guardian  Spouse

Other: \_\_\_\_\_

**GUARANTOR INFORMATION**

\*NAME: \_\_\_\_\_

\*ADDRESS: \_\_\_\_\_  
Number Street Apt.  
\_\_\_\_\_  
City State Zip code

EMAIL: \_\_\_\_\_ @ \_\_\_\_\_

Parent  Legal Guardian\*  Spouse

Other: \_\_\_\_\_

Home: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Work (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Cell: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

\*SS # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

\*DOB # \_\_\_\_/\_\_\_\_/\_\_\_\_

\*Employer: \_\_\_\_\_

\*Employer Address: \_\_\_\_\_

\*Employer Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

**PROFESSIONAL REFERRAL:**

NAME: \_\_\_\_\_

PROF. TITLE: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

**\*If Legal Guardian, please include documents showing legal guardianship with this form.**

**FINANCIAL RESPONSIBILITY:** I understand that all professional services are charged to the patient, and are due and payable on the date that services are rendered unless other arrangements have been made with the financial counselor. I agree to pay all such charges in full immediately upon presentation of the appropriate statement.

Guarantor's Signature \_\_\_\_\_ DATE: \_\_\_\_\_

**ALLERGIES/REACTIONS TO MEDICATIONS: ( rash, hives, swelling, shortness of breath)**

**CURRENT PRESCRIPTIONS/OVER THE COUNTER MEDICATIONS/  
NON PFEIFFER NUTRIENTS**

MEDICINE/Route	DOSE/How often	DATE STARTED	LAST TAKEN	RESPONSE	D/C'd (ofc. use)	RN INITIALS/ Date
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						
9.						
10.						
11.						
12.						
13.						
14.						

**MEDICATION FAILURES:**

RN SIGNATURE: \_\_\_\_\_

Date: \_\_\_\_\_

DO YOU SWALLOW PILLS ?	YES - NO
INTERESTED IN COMPOUNDING?	YES - NO
ANTIHISTAMINES IN PAST 3 MONTHS?	YES - NO
ALLERGY SHOTS/DROPS IN PAST 3 MONTHS?	YES - NO
TOTAL DAILY ZINC: _____	

Patient Name: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Patient Medical History** (check if applicable)

☑ *In the Past - or*

↓ ☑ *Current Problem*

- Acne
- Eczema
- Psoriasis
  
- Allergic Rhinitis
- Chronic Sinusitis
- Asthma
- Arthritis/Rheumatoid/Lupus
- Chronic Fatigue Syndrome
- Multiple Sclerosis
- Collagen Vascular Disease
- Fibromyalgia
- Multiple Chemical Sensitivities
  
- Heart Disease
- Stroke
- Hypertension
- High Cholesterol/High Triglycerides
- Diabetes
- Cancer

☑ *In the Past - or*

↓ ☑ *Current Problem*

- Esophagitis
- Peptic Ulcer Disease
- Gastro Esophageal Reflux
- Pancreatitis
- Colitis
- Irritable Bowel Syndrome
- Inflammatory Bowel Disease
- Gall Bladder Dysfunction
  
- Hepatitis
- Liver Disease
- Kidney Problems
- Urinary Tract Infections
- Benign Prostatic Hypertrophy
  
- Thrush
- Athlete's Foot
- Toe Nail Fungus/Fingernail
- Ring Worm
- Yeast Infections

☑ *In the Past - or*

↓ ☑ *Current Problem*

- Hypothyroidism
- Hyperthyroidism
  
- Alzheimer's Disease
- Parkinson's Disease
- Dementia
- Seizure Disorder
  
- Fibrocystic Breast Cancer
- Endometriosis
- Fibroid Tumors
- Polycystic Ovarian Disease
- PMS
- Postpartum Depression
- Menopause
  
- Glaucoma
- Night-Blindness
- Other: \_\_\_\_\_

**Psychiatric History**

☑ *Diagnosed - or*

↓ ☑ *Symptoms or Suspected*

- ADD
- ADHD
- Learning Disability
- PDD/Autism spectrum
- Oppositional Defiant Disorder
- Conduct Disorder
- Behavior Disorder
- Tics/Tourettes

Eating Disorders

- Anorexia Nervosa
- Bulimia Nervosa
- PICA
- Obesity

☑ *Diagnosed - or*

↓ ☑ *Symptoms or Suspected*

Anxiety Disorders

- Generalized Anxiety Disorder
- Phobic Disorder
- Panic Disorder
- Obsessive Compulsive Disorder
- Post Traumatic Stress Disorder
- Acute Stress Disorder

Mood Disorders

- Major Depressive Disorder
- Bipolar I Disorder
- Bipolar II Disorder
- Dysthymic Disorder
- Cyclothymic Disorder

☑ *Diagnosed - or*

↓ ☑ *Symptoms or Suspected*

Psychotic Disorders

- Schizophrenia
- Schizoaffective Disorders
- Bipolar Type
- Depressive Type
- Delusional Disorder
  
- Dissociative Disorder
- Dissociative Identity Disorder
- Dissociative Fugue Disorder

Other

- \_\_\_\_\_
- \_\_\_\_\_

**Family History** (Please indicate relatives using the key below. Other relatives may be listed if believed significant/relevant.)

Patient is adopted, information is not available.

ADD/ADHD _____	Thyroid _____	Bipolar _____	Arthritis _____
Violence _____	Ulcers _____	Alcohol/Drug Abuse _____	Diabetes _____
Panic Attacks _____	Heart Disease _____	Suicide Attempt _____	Kidney Problems _____
Asthma _____	Stroke _____	Depression _____	Cancer _____
Early Senility _____	Hypertension _____	Schizophrenia _____	Psoriasis _____
Alzheimer's _____			

**KEY:** M =Mother    **MGM** = Maternal Grandmother    **MGF** = Maternal Grandfather    **MA/MU** = Maternal Aunt/Uncle    **S** =Sister  
 F = Father    **PGM** = Paternal Grandmother    **PGF** = Paternal Grandfather    **PA/PU** = Paternal Aunt/Uncle    **B** =Brother  
 Other: \_\_\_\_\_

Patient Name: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

Chief Complaint: List the symptoms or problems you would like the Pfeiffer Treatment Center to address, #1 being most important:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.

Are you pregnant?     Yes    No    N/A  
 Are you breastfeeding?    Yes    No    N/A

**WE CANNOT ACCEPT PATIENTS WHO ARE PREGNANT!**

All \*starred\* items must be filled in

\*How many alcoholic drinks do you consume?  
 None \_\_\_\_\_ Per day/ week/ month -----  
 Past abuse? \_\_\_\_\_

\*Any illegal drug use in year? \_\_\_\_\_  
 None \_\_\_\_\_ Per day?week/Month \_\_\_\_\_  
 Past abuse? \_\_\_\_\_

Do you use tobacco? \_\_\_\_\_ Per day/week/month \_\_\_\_\_

List all Current Therapies (OT ,PT, Speech ,ABA, Psychiatrist, Therapist, Other):

Past Treatment & Response:

Hospitalizations – Dates & Reason

Surgeries – Dates & Reason

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**Physical Health**

Please note problems /diagnoses in the following areas, including dates of diagnoses:

**Skin / Hair:**

**Ear, Nose, Throat:**

**Digestive / GI:**

Last Dental Visit/Status: \_\_\_\_\_

**Heart / Circulatory / Cholesterol:**

**Respiratory:** ( Allergies/Asthma/Other)

**Endocrine** (thyroid, diabetes, etc.):

**Liver:**

**Kidney / Urinary:**

**Neurologic:**

Head Injuries (dates, was there loss of consciousness?)

**Reproductive:**

**Female History:**

Age at first period \_\_\_\_\_

Number of pregnancies: \_\_\_\_\_ Miscarriages/abortions: \_\_\_\_\_ Births: \_\_\_\_\_

- PMS
- Ovarian cysts
- Hysterectomy
- Other: \_\_\_\_\_
- Post Partum Depression
- Irregular Periods
- Menopause
- Endometriosis
- Fibrocystic Breast Cancer

Last Menstrual Period: \_\_\_\_\_

History of Yeast Infections: \_\_\_\_\_

**Immune** (cancer, Lupus, AIDS, ALS, etc.):

**Sensory** (vision, hearing, taste, smell, touch):

**Last Primary Physician Visit:** \_\_\_\_\_

Last Vision Exam: \_\_\_\_\_ Last Hearing Exam: \_\_\_\_\_

*Office use only*

**Diet:**  Regular  Casein Free  Gluten Free  Vegetarian  
 Feingold  Body Ecology  Specific Carbohydrate  Low Salt  
 Mediterranean  Other: \_\_\_\_\_

Response to current diet: \_\_\_\_\_

How long on current diet: \_\_\_\_\_

Number of meals per day: \_\_\_\_\_ Number of snacks: \_\_\_\_\_

Appetite: \_\_\_\_\_ Cravings: \_\_\_\_\_

Rate the intake of the foods below (*circle*)

<u>Sweets</u>	Low	Avg.	High	<u>Carbohydrates</u> <sup>1</sup>	Low	Avg.	High
<u>Protein</u>	Low	Avg.	High	<u>Fruit</u>	Low	Avg.	High
<u>Dairy</u>	Low	Avg.	High	<u>Vegetables</u>	Low	Avg.	High

Main Beverage: \_\_\_\_\_ Amount per day: \_\_\_\_\_

Caffeine: \_\_\_\_\_ per day/week  Hypoglycemic symptoms<sup>2</sup>

Pica<sup>3</sup>  Aversion to breakfast  Picky eater

**Bowel movements / Stooling**

Frequency: \_\_\_\_\_ per \_\_\_\_\_

Character of stools:

Constipation  Diarrhea  Encopresis<sup>4</sup>  Excess gas

Stomach aches  Posturing

**Gut Treatment:**

Tests done: \_\_\_\_\_

Treatment: \_\_\_\_\_

Effectiveness: \_\_\_\_\_

**Immune Function**

Immunizations current?  Yes  No

Adults 65 yrs & older: Pneumonia vaccine?  Yes  No

Reactions/Regressions related to immunizations:

Frequent colds/infections  Environmental allergies/rhinitis

Chemical Sensitivities  Other: \_\_\_\_\_

Frequency of Antibiotic Use: \_\_\_\_\_

**Sleep: Time to Bed:** \_\_\_\_\_ **Time Awake:** \_\_\_\_\_

**Difficulty:**  Falling asleep  Staying asleep  Waking

Nightmares Dream recall:  None  Dull  Vivid

Enuresis<sup>5</sup>  Sleep Apnea  Restless Legs  Other: \_\_\_\_\_

<sup>1</sup> Simple carbohydrates such as bread, pasta, breakfast cereals, etc.  
<sup>2</sup> Drowsy after meals, shakiness/dizziness, irritability when hungry, craving sweets, etc.  
<sup>3</sup> An abnormal craving or appetite for nonfood substances, such as dirt, paint, or clay.  
<sup>4</sup> Accidental soiling of undergarments  
<sup>5</sup> Bedwetting

*Office use only*

Patient Name: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Cognitive / Executive Functions**

- Problem staying on task
- Impulsivity
- Problems with memory
- Poor organization
- Sequencing<sup>6</sup>
- Foggy brained
- Hyper behavior / fidgety
- Distractible
- Racing thoughts
- Problems with focus / concentration
- Loses things frequently

Motivation:  None  Low  Normal  High

Highest grade completed:

Performance / Grades:

Learning Disabilities (LD) identified:

Accommodations/ School Setting:

**Employment:**  Full time  Part time Position: \_\_\_\_\_

Time there: \_\_\_\_\_  Student  Homemaker  N/A  
 Retired  Disabled  Unemployed

**Sensory:**

Sensitivities:  Light  Sound  Odors  Tactile (*clothing*)

Ringing in the ears

Upper body pain<sup>7</sup>  Back pain  Joint pain

Headaches:  Tension/muscle  Migraine Frequency: \_\_\_\_\_

Pain tolerance:  High  Avg.  Low

**Social Development**

Lives with whom (*include ages*)?

- Seeks Interaction
  - Isolates
  - Alienates
  - Makes poor choices
  - Parallel play
  - Poor eye contact
  - Divergent Gaze
  - Misses social cues
- If Child:  Prefers younger playmates  Prefers older playmates

Notes:

**Personality and Behavior:** *Briefly describe:*

*Office use only*

<sup>6</sup> Problems putting things in order, planning

<sup>7</sup> Brain, face, neck, shoulder



**Brain Health** \*Star\* questions must be answered.

Describe Typical Response to Stress:

Describe Temper:

Anger Management:

- Argues                       Verbal tantrums                       Destroys property
- Threats                       Aggressive to others                       Intentional harm

Frequency of Anger Outbursts: \_\_\_\_\_

Intensity & Duration of Anger: \_\_\_\_\_

Behavior:  Oppositional Defiant  Self Harm Behaviors:

Anxiety disorders ( OCD, Panic, Nervousness, Worry) \_\_\_\_\_ :

Depressive Disorders: \_\_\_\_\_

**\*Suicide Risk**  History of Attempt, Dates of Attempts \_\_\_\_\_

\*Treatment \_\_\_\_\_

\*Past history of ideation, plan or intent \_\_\_\_\_

\*In past 6 months  Thoughts  Plan  Preparation  Intent

\*Are you under a Psychiatrist's care? \_\_\_\_\_

If answer is yes to suicidal ideation in past 6 months, Psychiatrist is necessary.

***This is SERIOUS! If you can check current Plan, Preparation or Intent, contact your family / friend / mental health professional immediately, or call 911.***

Has there ever been a Psychiatric Evaluation? Yes\_\_\_ No\_\_\_

Please list dates and diagnosis:

Dementia / Degenerative disorders/ Memory Impairment:

Eating disorders:

Bipolar Disorder:

Predominant Mood: \_\_\_\_\_

Psychotic disorders:

- Hallucinations:                       Auditory                       Visual                       Tactile
- Disordered Thoughts                       Delusions                       Other:                       Paranoia

Seizure disorders:

Tics / Tourette's:                       Clumsiness / accident prone

*Office use only*

**DEVELOPMENTAL ADDENDUM**

Complete this section only for developmental disorders such as Autism Spectrum Disorders (ASD), Pervasive (and other) Developmental Disorders, etc.

*office use only*

**Mother's health during pregnancy**

Mother's age at patient's birth: \_\_\_\_\_

Dental work:

RhoGam:

Immunizations:

*Note type, amount and frequency*

Alcohol use:

Tobacco use:

Illicit drug use:

Medications, Supplements, Herbs used:

Mood disorders:

Significant Illnesses:

High blood pressure / Preeclampsia  Toxemia  Gestational diabetes

Preterm labor @ \_\_\_\_\_ weeks

**Neonatal Health**

Low birth weight – Birth weight: \_\_\_\_\_ lbs. \_\_\_\_\_ oz.

Birth events:  Cord around neck  Emergency C-section

Forceps use  Vacuum use  Fetal distress

Preterm delivery @ \_\_\_\_\_ weeks  Other delivery problems:

Jaundice  Oxygen after birth  Ear infections  Colic

Antibiotics  Formula intolerance

Skin problems:

**Potential toxic exposures**

Home built before 1978

Second hand smoke

Parent or family occupation<sup>8</sup> / hobby<sup>9</sup>:

Immunizations (note reaction or regression)

Water source<sup>10</sup>:

<sup>8</sup> Work with lead or other heavy metals, Lead/brass/bronze melting/ refining/ manufacturing, Rubber/plastic manufacturing, Painting, Demolition, Construction, Battery manufacture/recycling, Radiator manufacturing/repair, Soldering, Steel welding/cutting

<sup>9</sup> Glazed pottery, Stained glass, Painting, Firearms (shooting, reloading), Lead figurines, Antique toys, etc.

<sup>10</sup> Note if bottled, tap, well, filtered, softened, tested

**Developmental History**

Gross motor development:

Fine motor development:

Sensory Integration:

Repetitive behaviors:

Disruptive behaviors:

Plays with toys appropriately?  Yes  No

Language development  Early  Normal  Late

Regressed – at what age? \_\_\_\_\_

Language functioning:  None  Words  Sentences

Repetitive  Processing deficits  Echolalia  Scripting

Able to understand / follow directions

Notes:

**Phone Number:**

*Office use only*

**Other:** *Please note anything of concern not entered above, or give additional information if needed.*

**Name of Current Primary Care Physician:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**Name of Current Psychiatrist:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**Name of Current Therapist:** \_\_\_\_\_

Patient Name: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_