



**Welcome to Pfeiffer Treatment Center! Helping people is our commitment. We hope this informational sheet will assist you in understanding whom PTC cares for, and what you can expect from visiting our Center or a PTC Outreach Clinic.**

### **Who are our patients?**

Pfeiffer patients from around the world come to our Center or a PTC Outreach Clinic seeking a clinical and healthy treatment for their symptoms caused by a biochemical imbalance. Individuals may also choose to visit PTC (main clinical headquarters only) to support their health and wellness in the absence of symptoms of a biochemical imbalance.

Symptoms of a possible biochemical imbalance include:

- Anxiety and panic attacks
- Hyperactivity or behavior problems
- Trouble staying focused or difficulty with concentrating
- Frequent mood changes
- Developmental delays
- Depression.

Many have been previously diagnosed with: ***attention deficit disorder (ADD), attention deficit disorder with hyperactivity (ADHD), dyslexia, autism spectrum disorder (ASD), anxiety, depression, postpartum depression, post traumatic stress syndrome, bipolar disorder, schizophrenia, and beginning stages of Alzheimer's disease and Parkinson disease.***

### **What can I expect?**

Pfeiffer's caring medical team takes an integrative approach by involving physicians, registered nurses, dietitians, pharmacists and other medical/clinical specialists. The PTC clinical team conducts a biochemical assessment of each patient. Once a person's individual biochemistry is identified, a custom treatment may be prescribed.

A typical visit and evaluation at the Pfeiffer Treatment Center or a PTC Outreach Clinic includes:

- An interview with a registered nurse to discuss medical and relevant health history
- A physical examination and consultation with a physician or physician assistant.
- Laboratory analyses of blood, urine, and hair.

The Pfeiffer medical practitioner reviews this information to determine the patient's chemical imbalance and develops an individualized nutrient program of vitamins, minerals and amino acids to address the patient's unique biochemical needs.

### **How does our treatment work with other therapies?**

Pfeiffer's biochemical therapy is not an alternative to traditional drug therapies or counseling, but a complement to them. Patients must seek the professional guidance and advice from their primary care physician/psychiatrist for any changes to their psychiatric medications or doses.

Over, please



*Our mission is to normalize biochemistry in children and adults through research, development, education, and affordable clinical services.*

Since 1989, Pfeiffer Treatment Center (PTC) has helped more than 22,000 patients from all 50 states and from more than 75 countries at our Centers in Warrenville, Illinois (clinical headquarters), and Oakdale, Minnesota, or at our Outreach Clinics in Arizona, northern and southern California, Maryland and Michigan. Health Research Institute – the research and development arm of the Pfeiffer organization – engages in ongoing research to refine our ability to diagnose and treat biochemical imbalances. Research studies are published regularly and in nationally and internationally acclaimed scientific journals. Our medical and research professionals are dedicated to helping our patients lead productive and rewarding lives.

## **FINANCIAL INFORMATION**

The evaluation process at PTC emphasizes the uniqueness of each patient, while providing cost-effective and affordable care. Therefore, the services provided and the tests ordered depend on the complexity of the patient's symptoms, as well as the professional judgment of your assigned PTC medical practitioner.

Fees are based upon the services provided, the tests ordered, the complexity of the medical decision-making process, and the time that is required to develop an effective, individualized treatment program. There is an additional fee for our Outreach Clinics.

**INSURANCE COVERAGE:** PTC does not accept assignment or participate in Medicare, Medicaid, Tricare or any insurance plans. However, since we are committed to accurate and compliant coding of our services, the majority of our patients with insurance do typically receive some level of reimbursement.

At the end of the visit, the patient receives a patient bill of services that can be submitted to their insurance provider for reimbursement. Our insurance support representative is also able to provide assistance with answering any questions or handling requests from the patient's insurance provider. An insurance packet, which includes a schedule of fees, diagnostic codes, and other appropriate information, is available by calling 630.505.0300 or 866.504.6076.

**PAYMENT INFORMATION:** Payment is due at the conclusion of each visit. The average cost of the initial visit is \$1000-\$1300. This includes all the testing, a visit with the doctor and nurse and a results telephone consult with the nurse when you receive your results. We accept cash, check, money order, traveler's check, MasterCard and Visa. For a telephone consultation, payment by credit card (MasterCard or Visa) is also due at the time of service. If a patient is unable to pay by credit card, previous arrangements need to be made prior to the telephone consultation. Patients visiting any one of our Outreach Clinics must make a non-refundable deposit to schedule and secure appointments.

Please submit the completed Health History Form by mailing / faxing to:

**For those patients who will be seen at our  
Warrenville, IL Center, Judson Center in Royal  
Oak, MI or any of our Outreach Clinics:**

Pfeiffer Treatment Center  
4575 Weaver Parkway  
Warrenville, IL 60555-4039  
Phone: 630-505-0300  
Fax: 630-836-0667

**For those patients who will be seen at our  
Oakdale Minnesota Center:**

Pfeiffer Treatment Center  
Oakdale Square  
6230 10<sup>th</sup> Street North, Suite 310-A  
Oakdale, MN 55128  
Phone: 651-209-9282  
Fax: 651-209-9283

**Electronic Communication:** If you would like to use email communication, please provide your email address. Please note that we cannot send private medical information by email due to privacy concerns. If the patient is a minor, please list the email address of the parent/legal guardian.

**Email Address:** \_\_\_\_\_ @ \_\_\_\_\_  Patient  Parent/Guardian

I prefer email communication for:

- Appointment Reminders  
 General announcements of new or updated services, programs, and research from Marketing.

**How did you hear about Pfeiffer Treatment Center?**

- Family Member  Friend  
 Postcard  Flier / Brochure  
 Internet - *if so*:  
 Pfeiffer Treatment Center website (www.hriptc.org)  
 Other website: \_\_\_\_\_ - \_\_\_\_\_  
 Presentation/Informational Seminar (*Location/Date*): \_\_\_\_\_  
 Conference (*Location/Date*): \_\_\_\_\_  
 Trade Show Booth (*Location/Date*): \_\_\_\_\_  
 Print or Broadcast Media (*please provide details*): \_\_\_\_\_  
 Book / Resource (*please provide title*): \_\_\_\_\_  
 Other: \_\_\_\_\_  
 Professional Referral (*please provide specific information on the next page*)



HEALTH HISTORY FORM

PATIENT INFORMATION

\* Required Information

\*NAME: Last First M.I.

\*ADDRESS: Number Street Apt. City State Zip Code

Complete the parent information only if the patient is a minor

Mother's Name:
Father's Name:
Legal Guardian's Name:

\*DATE OF BIRTH (DOB):

GENDER: Male Female

AGE: WEIGHT: lbs.

Is the patient a minor? Yes No

\*PHONE: ( ) - (if different than guarantor)

Does the Patient have:

\*Federal Medicare Yes No
Federal Tricare Insurance Yes No
State Medicare Yes No

EMERGENCY CONTACTS

1. NAME: PHONE: ( ) -
2. NAME: PHONE: ( ) -

Parent Legal Guardian Spouse
Other:
Parent Legal Guardian Spouse
Other:

GUARANTOR INFORMATION

\*NAME:
\*ADDRESS: Number Street Apt. City State Zip code

EMAIL: @

\*Employer:
\*Employer Address:
\*Employer Phone: ( ) -

Parent Legal Guardian Spouse
Other:
Home: ( ) -
Work ( ) -
Cell: ( ) -
\*SS # - -
\*DOB # / /

PROFESSIONAL REFERRAL:

NAME:
PROF. TITLE:
Address:
Phone: ( ) -

FINANCIAL RESPONSIBILITY: I under that all professional services are charged to the patient, and are due and payable on the date that services are rendered unless other arrangements have been made with the financial counselor. I agree to pay all such charges in full immediately upon presentation of the appropriate statement.

Guarantor's Signature DATE:

**CURRENT MEDICATIONS AND SUPPLEMENTS (two pages)**

Please read the instructions carefully:

1. List all **recent or current** prescriptions (*Rx*) and over the counter (*OTC*) medications and supplements.
2. It is very important to know the total amount of certain nutrients when interpreting lab results and developing your program.  
For those supplements that have more than one ingredient,  
Attach a list of ingredients with amounts or a copy of the label.

MEDICINE/SUPPLEMENT	DOSE	WHEN TAKEN	DATE STARTED	LAST TAKEN	REASON / RESPONSE	D/C'd <i>(ofc. use)</i>
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						
9.						
10.						
11.						
12.						
13.						
14.						
15.						
16.						

Please total the amount of zinc in all supplements taken in a usual day.

**TOTAL DAILY ZINC:** \_\_\_\_\_

Patient Name: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

**ALLERGIES/REACTIONS TO MEDICATIONS/SUPPLEMENTS:**

List all medications and supplements to which you have adverse reactions and the type of reaction.

**ALLERGIES / REACTIONS TO FOOD PRODUCTS:**

List all foods and additives to which you have adverse reactions and the type of reaction.

- Corn     Soy     Wheat     Gluten     Dairy     Egg  
 Rice     Sugar     Fish     Citrus     Other: \_\_\_\_\_

List any products (e.g. corn or soy) that you do not want as part of the nutrient program:

**MEDICATION FAILURES:**

List all medications that have not had any beneficial effect or which had an effect other than anticipated:

- Is the patient on a special diet?     Yes     No  
 Casein Free     Specific Carbohydrate Diet     Feingold Diet  
 Gluten Free     Body Ecology Diet  
 Other

- Can the patient swallow pills?     Yes     No  
 Are you interested in compounding (*combining of nutrients in capsules where possible*)     Yes     No  
 Antihistamines or Inhalers in the last 3 months?     Yes     No    When? \_\_\_\_\_  
 Antibiotics in the last 3 months?     Yes     No    When? \_\_\_\_\_  
 Allergy shots or drops in the last 3 months?     Yes     No    When? \_\_\_\_\_  
 Swimming pool use in the last 3 months?     Yes     No    How often? \_\_\_\_\_  
 Hair treatment (color, perm) in the last 3 months?     Yes     No    When? \_\_\_\_\_

List all current therapies (OT, PT, Speech, ABA, RDI, etc.):

*Office Use Only:*

Name Patient Prefers: \_\_\_\_\_

**Patient Medical History** (check if applicable)

- |  |   |  |
|--|---|--|
| <p>☑ <i>In the Past - or</i><br/>                 ↓ ☑ <i>Current Problem</i></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Acne</li> <li><input type="checkbox"/> Eczema</li> <li><input type="checkbox"/> Psoriasis</li> <br/> <li><input type="checkbox"/> Allergic Rhinitis</li> <li><input type="checkbox"/> Chronic Sinusitis</li> <li><input type="checkbox"/> Asthma</li> <li><input type="checkbox"/> Arthritis/Rheumatoid/Lupus</li> <li><input type="checkbox"/> Chronic Fatigue Syndrome</li> <li><input type="checkbox"/> Multiple Sclerosis</li> <li><input type="checkbox"/> Collagen Vascular Disease</li> <li><input type="checkbox"/> Fibromyalgia</li> <li><input type="checkbox"/> Multiple Chemical Sensitivities</li> <br/> <li><input type="checkbox"/> Heart Disease</li> <li><input type="checkbox"/> Stroke</li> <li><input type="checkbox"/> Hypertension</li> <li><input type="checkbox"/> High Cholesterol/High Triglycerides</li> <li><input type="checkbox"/> Diabetes</li> <li><input type="checkbox"/> Cancer</li> </ul> | <p>☑ <i>In the Past - or</i><br/>                 ↓ ☑ <i>Current Problem</i></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Esophagitis</li> <li><input type="checkbox"/> Peptic Ulcer Disease</li> <li><input type="checkbox"/> Gastro Esophageal Reflux</li> <li><input type="checkbox"/> Pancreatitis</li> <li><input type="checkbox"/> Colitis</li> <li><input type="checkbox"/> Irritable Bowel Syndrome</li> <li><input type="checkbox"/> Inflammatory Bowel Disease</li> <li><input type="checkbox"/> Gall Bladder Dysfunction</li> <br/> <li><input type="checkbox"/> Hepatitis</li> <li><input type="checkbox"/> Liver Disease</li> <li><input type="checkbox"/> Kidney Problems</li> <li><input type="checkbox"/> Urinary Tract Infections</li> <li><input type="checkbox"/> Benign Prostatic Hypertrophy</li> <br/> <li><input type="checkbox"/> Thrush</li> <li><input type="checkbox"/> Athlete's Foot</li> <li><input type="checkbox"/> Toe Nail Fungus/Fingernail</li> <li><input type="checkbox"/> Ring Worm</li> <li><input type="checkbox"/> Yeast Infections</li> </ul> | <p>☑ <i>In the Past - or</i><br/>                 ↓ ☑ <i>Current Problem</i></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Hypothyroidism</li> <li><input type="checkbox"/> Hyperthyroidism</li> <br/> <li><input type="checkbox"/> Alzheimer's Disease</li> <li><input type="checkbox"/> Parkinson's Disease</li> <li><input type="checkbox"/> Dementia</li> <li><input type="checkbox"/> Seizure Disorder</li> <br/> <li><input type="checkbox"/> Fibrocystic Breast Cancer</li> <li><input type="checkbox"/> Endometriosis</li> <li><input type="checkbox"/> Fibroid Tumors</li> <li><input type="checkbox"/> Polycystic Ovarian Disease</li> <li><input type="checkbox"/> PMS</li> <li><input type="checkbox"/> Postpartum Depression</li> <li><input type="checkbox"/> Menopause</li> <br/> <li><input type="checkbox"/> Glaucoma</li> <li><input type="checkbox"/> Night-Blindness</li> <li><input type="checkbox"/> Other: _____</li> </ul> |
|--|---|--|

**Psychiatric History**

- |  |   |  |
|--|---|--|
| <p>☑ <i>Diagnosed - or</i><br/>                 ↓ ☑ <i>Symptoms or Suspected</i></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> ADD</li> <li><input type="checkbox"/> ADHD</li> <li><input type="checkbox"/> Learning Disability</li> <li><input type="checkbox"/> PDD/Autism spectrum</li> <li><input type="checkbox"/> Oppositional Defiant Disorder</li> <li><input type="checkbox"/> Conduct Disorder</li> <li><input type="checkbox"/> Behavior Disorder</li> <li><input type="checkbox"/> Tics/Tourettes</li> </ul> <p><u>Eating Disorders</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Anorexia Nervosa</li> <li><input type="checkbox"/> Bulimia Nervosa</li> <li><input type="checkbox"/> PICA</li> <li><input type="checkbox"/> Obesity</li> </ul> | <p>☑ <i>Diagnosed - or</i><br/>                 ↓ ☑ <i>Symptoms or Suspected</i></p> <p><u>Anxiety Disorders</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Generalized Anxiety Disorder</li> <li><input type="checkbox"/> Phobic Disorder</li> <li><input type="checkbox"/> Panic Disorder</li> <li><input type="checkbox"/> Obsessive Compulsive Disorder</li> <li><input type="checkbox"/> Post Traumatic Stress Disorder</li> <li><input type="checkbox"/> Acute Stress Disorder</li> </ul> <p><u>Mood Disorders</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Major Depressive Disorder</li> <li><input type="checkbox"/> Bipolar I Disorder</li> <li><input type="checkbox"/> Bipolar II Disorder</li> <li><input type="checkbox"/> Dysthymic Disorder</li> <li><input type="checkbox"/> Cyclothymic Disorder</li> </ul> | <p>☑ <i>Diagnosed - or</i><br/>                 ↓ ☑ <i>Symptoms or Suspected</i></p> <p><u>Psychotic Disorders</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Schizophrenia</li> <li><input type="checkbox"/> Schizoaffective Disorders</li> <li><input type="checkbox"/> - Bipolar Type</li> <li><input type="checkbox"/> - Depressive Type</li> <li><input type="checkbox"/> Delusional Disorder</li> <br/> <li><input type="checkbox"/> Dissociative Disorder</li> <li><input type="checkbox"/> Dissociative Identity Disorder</li> <li><input type="checkbox"/> Dissociative Fugue Disorder</li> </ul> <p><u>Other</u></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> _____</li> <li><input type="checkbox"/> _____</li> </ul> |
|--|---|--|

**Family History** (Please indicate relatives using the key below. Other relatives may be listed if believed significant/relevant.)

{ FORMCHECKBOX } Patient is adopted, information is not available.

ADD/ADHD _____	Thyroid _____	Bipolar _____	Arthritis _____
Violence _____	Ulcers _____	Alcohol/Drug Abuse _____	Diabetes _____
Panic Attacks _____	Heart Disease _____	Suicide Attempt _____	Kidney Problems _____
Asthma _____	Stroke _____	Depression _____	Cancer _____
Early Senility _____	Hypertension _____	Schizophrenia _____	Psoriasis _____

**KEY:** M =Mother    MGM = Maternal Grandmother    MGF = Maternal Grandfather    MA/MU = Maternal Aunt/Uncle    S =Sister  
 F = Father    PGM = Paternal Grandmother    PGF = Paternal Grandfather    PA/PU = Paternal Aunt/Uncle    B =Brother

Other: \_\_\_\_\_

Chief Complaint: *List the symptoms or problems you would like the Pfeiffer Treatment Center to address:*

*Office Use Only:*

Check any of the following symptoms that you currently have:

- Fatigue     Nervousness     Anxiety     Irritability / Anger  
 Obsessions     Compulsions     Depression     Inability to focus / concentrate  
 Delusions     Mania             Hallucinations  
 Disordered Thoughts     Other:

How would you describe your temper?

When very angry, how long does it take you to cool off?

Describe your typical reaction to stress:

Significant patient birth events (*premature, low birth weight, C-section, fetal distress, cord around neck, etc.*):

Head injuries (*including concussions, give approximate date or age, and if there was loss of consciousness/LOC*):

Surgeries (*type of surgery and approximate date or age*):

Other hospitalizations (*reason and approximate date or age*):

Are you pregnant?     Yes     No     N/A

Are you breastfeeding?     Yes     No     N/A

How many alcoholic drinks do you consume? \_\_\_\_\_ per day / week / month

Describe any illegal drug use in the last year:

*Use this space to add additional information:*



**Physical Health**

Please note current or recent (*last 3 mo.*) problems in the following areas:

Skin / Hair:

Digestive / GI:

Heart / Circulatory / Cholesterol:

Respiratory:

Endocrine (*thyroid, diabetes, etc.*):

Liver:

Kidney / Urinary:

Neurologic:

Reproductive (*females, see below*):

Immune (*cancer, Lupus, AIDS, ALS, etc.*):

Sensory (*vision, hearing, taste, smell, touch*):

Notes:

*Office use only*

**Female History**

Age at first period \_\_\_\_\_

Number of pregnancies: \_\_\_\_\_ Miscarriages/abortions: \_\_\_\_\_ Births: \_\_\_\_\_

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> PMS           | <input type="checkbox"/> Post Partum Depression |  |
| <input type="checkbox"/> Ovarian cysts | <input type="checkbox"/> Irregular Periods      | <input type="checkbox"/> Endometriosis             |
| <input type="checkbox"/> Hysterectomy  | <input type="checkbox"/> Menopause              | <input type="checkbox"/> Fibrocystic Breast Cancer |
| <input type="checkbox"/> Other:        |   |  |

Patient Name: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Diet:**  Regular  Casein Free  Gluten Free  Vegetarian  
 Feingold  Body Ecology  Specific Carbohydrate  
 Other:

Number of meals per day: \_\_\_\_\_ Number of snacks: \_\_\_\_\_

Appetite:

Cravings:

Rate the intake of the foods below (*circle*)

<u>Sweets</u>	Low	Avg.	High	<u>Carbohydrates</u> <sup>1</sup>	Low	Avg.	High
<u>Protein</u>	Low	Avg.	High	<u>Fruit</u>	Low	Avg.	High
<u>Dairy</u>	Low	Avg.	High	<u>Vegetables</u>	Low	Avg.	High

Main Beverage: \_\_\_\_\_ Amount per day: \_\_\_\_\_

Caffeine: \_\_\_\_\_ per day/week  Hypoglycemic symptoms<sup>2</sup>

Pica<sup>3</sup>  Aversion to breakfast  Picky eater

Notes:

*Office use only*

**Bowel movements / Stooling**

Frequency: \_\_\_\_\_ per \_\_\_\_\_

Character of stools:

Constipation  Diarrhea  Encopresis<sup>4</sup>  Excess gas  
 Stomach aches  Posturing

Gut Treatment (*tests done, dates, treatment ordered, and effectiveness*):

**Immune Function**

Immunizations up to date?  Yes  No

Reactions/Regressions related to immunizations:

Frequent colds/infections  Environmental allergies/rhinitis  
 Chemical Sensitivities  Other:

**Sleep**

Difficulty:  Falling asleep  Staying asleep  Waking

Nightmares Dream recall:  None  Dull  Vivid

Enuresis<sup>5</sup>  Other:

<sup>1</sup> Simple carbohydrates such as bread, pasta, breakfast cereals, etc.

<sup>2</sup> Drowsy after meals, shakiness/dizziness, irritability when hungry, craving sweets, etc.

<sup>3</sup> An abnormal craving or appetite for nonfood substances, such as dirt, paint, or clay.

<sup>4</sup> Accidental soiling of undergarments

<sup>5</sup> Bedwetting

Patient Name: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Cognitive / Executive Functions**

- Problem staying on task     Impulsivity     Problems with memory
- Poor organization     Sequencing<sup>6</sup>     Foggy brained
- Hyper behavior / fidgety     Distractible     Racing thoughts
- Problems with focus / concentration     Loses things frequently

Motivation:     None     Low     Normal     High

Highest grade completed:

Performance / Grades:

Learning Disabilities (LD) identified:

Accommodations:

**Employment:**     Full time     Part time    Position: \_\_\_\_\_

Time there: \_\_\_\_\_     Student     Homemaker     N/A  
 Retired     Disabled     Unemployed

*Office use only*

**Sensory:**

Sensitivities:     Light     Sound     Odors     Tactile (*clothing*)

- Ringing in the ears
- Upper body pain<sup>7</sup>     Back pain     Joint pain
- Headaches Type:     Tension/muscle     Migraine

Pain tolerance:     High     Avg.     Low

**Social Development**

Lives with whom (*include ages*) ?

- Seeks Interaction     Isolates     Alienates     Makes poor choices
- Parallel play     Poor eye contact     Divergent Gaze
- Misses social cues
- Prefers younger playmates     Prefers older playmates

Notes:

**Personality and Behavior:** Briefly describe:

<sup>6</sup> Problems putting things in order, planning

<sup>7</sup> Brain, face, neck, shoulder

**Brain Health**

Developmental disorders:

- ADD / ADHD     Autism / Spectrum     PDD     MR

Other:

Anger Management (give frequency):

- Argues                       Verbal tantrums                       Destroys property  
 Threats                       Aggressive to others                       Intentional harm

Behavior:  Oppositional Defiant     Self Harm Behaviors<sup>8</sup>:

Anxiety disorders<sup>9</sup>:

Depressive Disorders:

**Suicide Risk**

- History of Attempt     Safety plan in place<sup>10</sup>                       Family/Friend History

Check box below if happened in the past. **Circle if current.**

- Thoughts     Plan     Preparation<sup>11</sup>     Intent

*This is **SERIOUS!** If you can circle Plan, Preparation or Intent, contact your family / friend / mental health professional immediately, or call 911.*

Dementia / degenerative disorders:

Eating disorders:

Mood Disorders:

Psychotic disorders:

- Hallucinations:                       Auditory                       Visual                       Tactile  
 Disordered Thoughts                       Delusions                       Other:

Seizure disorders:

Tics / Tourette's:

Clumsiness / accident prone

*Office use only*

<sup>8</sup> Cutting, burning, etc.

<sup>9</sup> Include OCD, Panic Disorders

<sup>10</sup> A Safety Plan is an arrangement you make with your healthcare provider, family or friend(s) to keep you safe when experiencing recurrent or ongoing suicidal thoughts.

<sup>11</sup> Obtaining lethal measures, contacting financial/legal professionals, giving things away, writing a note, etc.

*Office use only*

**DEVELOPMENTAL ADDENDUM**

*Complete this section only for developmental disorders such as Autism Spectrum Disorders (ASD), Pervasive (and other) Developmental Disorders, etc.*

**Mother's health during pregnancy**

Mother's age at patient's birth: \_\_\_\_\_

Dental work:

RhoGam:

Immunizations:

*Note type, amount and frequency*

Alcohol use:

Tobacco use:

Illicit drug use:

Medications:

Mood disorders:

High blood pressure / Preeclampsia    Toxemia    Gestational diabetes

Preterm labor @ \_\_\_\_\_ weeks

**Neonatal Health**

Low birth weight – Birth weight: \_\_\_\_\_ lbs. \_\_\_\_\_ oz.

Birth events:       Cord around neck       Emergency C-section

Forceps use       Vacuum use       Fetal distress

Preterm delivery @ \_\_\_\_\_ weeks    Other delivery problems:

Jaundice       Oxygen after birth       Ear infections       Colic

Antibiotics       Formula intolerance

Skin problems:

**Potential toxic exposures**

Home built before 1978

Second hand smoke

Parent or family occupation<sup>12</sup> / hobby<sup>13</sup>:

Immunizations (note reaction or regression)

Water source<sup>14</sup>:

<sup>12</sup> Work with lead or other heavy metals, Lead/brass/bronze melting/ refining/ manufacturing, Rubber/plastic manufacturing, Painting, Demolition, Construction, Battery manufacture/recycling, Radiator manufacturing/repair, Soldering, Steel welding/cutting

<sup>13</sup> Glazed pottery, Stained glass, Painting, Firearms (shooting, reloading), Lead figurines, Antique toys, etc.

<sup>14</sup> Note if bottled, tap, well, filtered, softened, tested

**Developmental History**

Gross motor development:

Fine motor development:

Sensory Integration:

Repetitive behaviors:

Disruptive behaviors:

Plays with toys appropriately?     Yes             No

Language development             Early             Normal             Late

Regressed – at what age? \_\_\_\_\_

Language functioning:             None             Words             Sentences

Repetitive             Processing deficits             Echolalia             Scripting

Able to understand / follow directions

Notes:

*Office use only*

**Other:** *Please note anything of concern not entered above, or give additional information if needed.*

**Problem List** (*office use only*): Indicate severity of each problem using a 1 (mild) – 10 (severe) rating scale.

No.	Severity (1-10)	Description:
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		

**Recommendations:**

**Notes to Practitioner:**

**Signatures:**

Nurse: \_\_\_\_\_ Date: \_\_\_\_\_

Practitioner: \_\_\_\_\_ Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_